



MEDIC First Aid BasicPlus CPR, AED, and First Aid for Adults

Overview

MEDIC First Aid® BasicPlus is a combined adult **CPR**, **AED**, and **first aid** training program designed specifically for the occupational first aid provider. This extremely flexible program will help employers meet **OSHA** and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work. This program conforms to the **2015 AHA Guidelines Update for CPR and ECC** and the **2015 AHA & ARC Guidelines Update for First Aid**.

Intended Audience

- Occupational first aid providers who are not healthcare providers or professional rescuers

Class Configurations

- Max student to instructor ratio: 12 to 1
- Student to equipment ratio: 3 to 1

Student Materials

- BasicPlus student pack including:
 - Student Guide
 - Wallet Skill Card
 - Successful Completion Certificate

Digital resources

- Streaming video player
- Customizable blended learning playlists
- New mobile app, including offline mode

Recognized certification period

- Up to 2 years

Successful completion (certification)

Students are evaluated through Instructor observation of the reasonable performance of skills and written evaluation.

Recommended time to complete

- Initial training: 4–5 hours
- Renewal training: Less than initial instructional time



MEDIC First Aid BasicPlus CPR, AED, and First Aid for Adults Class Topics

Core Topics:

- Emergency First Aid Care
- Recognizing an Emergency
- Deciding to Help
- Personal Safety
- Assessing for Response
- Mechanism for Spinal Injury
- Activating EMS
- Basic Life-Supporting Skills
- CPR- /Breathing & Compression
- Preparing & using an AED
- Control of Bleeding
- Tourniquets
- Managing Shock
- Foreign Body Airway Obstruction
- Burns
- Specific First Aid Problems
- *Supplemental Topics



GET IN TOUCH

 courses@sorgex.com
 www.sorgex.com

 +971 56 897 9303

 128 – K.M.L. Center, Al Meydan Street, Dubai, UAE

